

Cliona's

For families with a seriously sick child

Newsletter Spring 2025

Hi there everyone,

We hope you're well and looking forward to a good spring and summer. As you will see from our latest Newsletter, we've had another very busy second half of 2024 here at Cliona's Foundation but all for the right reasons and honestly, we are thrilled to say that we supported a large number of families in 2024. Please see our map within giving you a flavour of the numbers of families in the different counties.

2025 has started with a bang also. Already the various Camino plans and fundraisers are well under way. But that's only the start of a number of events in our Calendar already. Please keep a keen eye on our social media platforms for further information and you'd never know, you might like to attend one of them in the coming months.

We would like to thank you all for your support over the last 6 months in 2024. We really appreciate it and it certainly makes a huge difference to Cliona's Foundation which in turn enables us to offer funding to families to care for a child's non-medical needs. Thus far, we have not received any Government funding so the success of Cliona's Foundation is purely as a result of fundraisers, donations, sponsorship etc and we're extremely grateful and privileged to be able to offer financial support to these families.

Finally we would like to thank the Board of Cliona's for their dedication, advice and direction offered each month at our Board Meetings, it helps to steer Cliona's Foundation in the right direction.

So for now, we'll sign off and wish you health, peace and happiness in 2025.

Best wishes,

Brendan, Terry, Phil, Charlotte, Pamela, Katie & Alana.

“

Our Vision

All families caring for a seriously sick child Will be supported financially.

Our Mission

To provide immediate financial support to families caring for a seriously sick child across the Island of Ireland.

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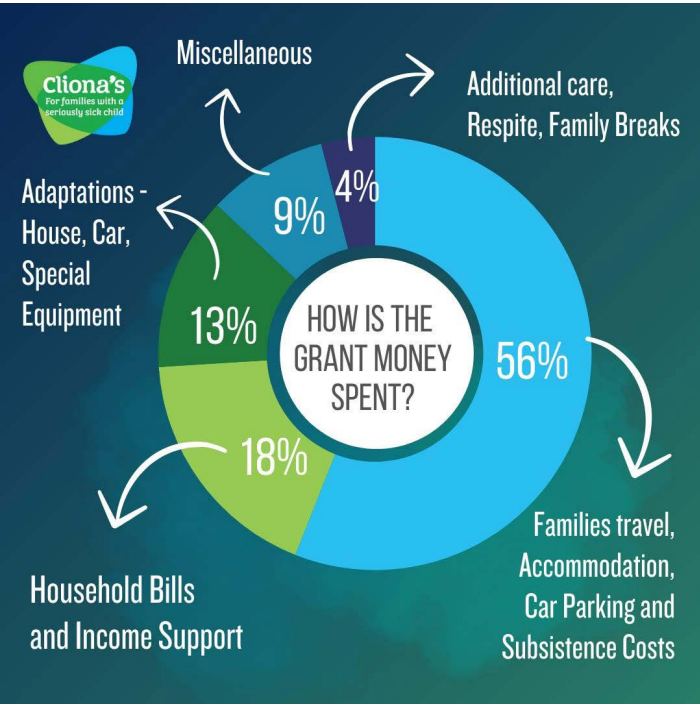
Beal & Jen walk into Christmas for others



Jennifer McConnell very generously brought Cliona's on board as she and her beloved dog Beal undertook their annual fundraiser. They walked 150km together from November 22nd to December 22nd raising €2,250 & awareness for Cliona's Merchants Quay Ireland & Irish Emergency Alliance. What a wonderful way of getting everyone in the house involved in doing something special.

How families spend the donation received

A reminder of what non-medical costs families are using the support received for, to help alleviate some of the pressure they are under



We believe no family should suffer financially when caring for a seriously sick child.

They need & deserve more support.

Dieselmans Ball was bigger & better

The 3rd Dieselmans ball took place in the Devon Inn in Templeglantine, Co.Limerick in November and once again it was a amazing night which reflected the unbelievable support of the local community.



A superbly organised event thanks to the hardworking committee led by Anne Dullea, we enjoyed great food, great entertainment, great company and the most wonderful generosity from all that were there and the very many sponsors. We were uplifted by their kindness and understanding which resulted in the fantastic amount of €16,296 being raised.



This brings to €41,000 the total donated to Cliona's from the three balls & other events organised by the event committee over the last number of years and we are hugely grateful to everyone involved.

Game Set & Match in Limerick Lawn Tennis

McEnroe lookalikes & timber racquets were out in force for the Annual Vintage Tennis & Squash night in Limerick Lawn Tennis Club in September & we were very grateful to be the beneficiary of the proceeds of the entry fee & the raffle on what was a hugely entertaining evening. We also welcomed the opportunity to share with everyone what we do & the impact of their support, which generated €2,520, for a family.



Gala Ball glitters for families

TV Presenter Muireann O'Connell hosted Cliona's second Christmas Gala Ball last at The Marker hotel in Dublin in November. The gala was generously sponsored by Metis Ireland which meant that all profits went towards helping the families that Cliona's support. Over €50,000 was raised on the night providing 20 family grants of €2500 each to struggling families before Christmas.



Many well know faces joined Muireann including actor Patrick Bergin, entrepreneur and designer Sonya Lennon, artist Audrey Hamilton, TV and Today FM Presenter Louise Cantillon with her All-Ireland

Fiserv gets fitter for Cliona's

In Fiserv in Nenagh Co. Tipperary were one of our 1st Corporate partners and their team have been extremely generous supporters over the past number of years.



Limerick Captain Declan Hannon. In attendance and offering her support to the event was Rose of Tralee, New Zealand Rose, Keeley who is an ambassador for Cliona's Foundation.



The auctioneer on the night was comedian Alan Shortt who did a phenomenal job of raising much needed funds with his engaging & very entertaining presentation of the many donated auction items.

In addition to the funds raised event gave us the opportunity to share the why and the what of Cliona's with a network of new supporters and the feedback from everyone there was extremely uplifting.

We are already in planning stage for the 2025 Ball which is currently pencilled in for November 27th. To register your interest in attending or sponsoring please get in contact with charlotte@clionas.ie

In 2024 they once again committed to Cliona's along with CARI and in partnership with Tipperary GAA organised the Semple Field Fittest Four Challenge & underage Blitz in September along with a monster raffle with a range of super prizes.

The underage blitz saw 1250 future legends from 106 teams across 56 clubs participating, getting to play on the pitch, visit the dressing rooms & meet some Senior team stars.

The support of Fiserv staff and their additional on-site fundraisers which include head shave & bakes sales, Tipperary GAA & Tipperary players and the local community resulted in over €14,400 being raised and we were very grateful to visit the Fiserv offices in December to thank all involved and accept a cheque for €7,200.



Huawei commit to support more families

Huawei Ireland committed in December to continue its support for Cliona's Foundation, with a very generous donation of €40,000



This is the second year that Huawei Ireland has made a significant financial contribution to the charity, and it is part of Huawei's ongoing commitment to supporting local communities and fostering positive change across Ireland.

While some of their donation was used to provide direct financial support to families, there is also an allocation of funds to create a tailor-made content hub focusing specifically on parental wellbeing.

Cliona's will be collaborating with dara & co to develop this hub, which will be available on the Cliona's Foundation website & will provide accessible, compassionate support to help parents manage the challenges that come with caring for a seriously sick child.

Trucks roll out for Linda & Cliona's

We were very privileged to be selected by the Glassett family to be the beneficiary of their annual fundraising efforts in memory of their sister Linda who passed away in 2016

The Linda Glassett Brosnan Memorial truck run took place in August and what a convoy of trucks & other vehicles gathered in Mallow race course before travelling through North Cork raising awareness of & funds for Cliona's. A huge logistical undertaking

Remembering Zoe

We were shocked & saddened in November to receive the heartbreaking news of the sudden passing of the beautiful Zoe Sheehan from Laurel Hill School in Limerick.

We got to know Zoe a little along the Camino walk in June as she walked in solidarity with families of sick children and raised money for Cliona's.

During that short time, every single day, we saw a kind, gentle, and beautiful young person who wanted to do something good and special for her community along with her classmates and lovely teacher.

Zoe handled the many challenges of the Camino with grace, resilience and a beautiful smile.

We were so lucky to have someone as special as her on the trip. We were all very proud of Zoe as she walked with her new friends into Santiago De Compestela knowing how much of a difference she made and what she accomplished. Her smiles in the photos that captured that moment said it all.

Zoe's family, her community, friends and school have lost a light and an angel who we will always remember & particularly when we travel the Camino this year.

and we are so grateful to both families, and all who supported, sponsored & donated.

To finish off their efforts several of Linda's family & friends participated in the Cork Mini Marathon in September to bring the total of the monies raised & donated to an incredible €7,820.

Just brilliant!



Cork Lunch serves up a treat for Cliona's

Yet again, the generous and hardworking sisters Audrey Mc Sweeney and Mary O Dwyer organised an incredible day raising the fantastic amount of €37,000 with incredible support from the Cork business community.



Cliona's special event in Leinster House

Cliona's were very honoured to be hosted once by Ceann Comhairle, Seán Ó Fearghail at a dinner in Leinster House in October with special guests, actor James Nesbitt, Irish Athlete & Olympian Sarah Lavin and renowned author and motivational speaker Paul Mc Neive.



Each shared inspiring stories, adding a personal and powerful touch to the night. The lively atmosphere was guided by TV presenter and fashion designer Brendan Courtney, who served as the most engaging of Master of Ceremonies.

The panel discussion provided guests with powerful insights into overcoming adversity, resilience, and the

The tone for the afternoon was set by the very talented Frankly My Dear who welcomed guests with her amazing vocals and classic anthems.

The renowned broadcaster and long-term patron of Cliona's Miriam O'Callaghan made the journey to Cork, entertained the guests and MC'd what was a superb afternoon. She was joined by the hugely entertaining & energetic Alan Shortt who had everyone on their feet & in stitches with his fact or fiction game, and also his superb interview with Miriam.

Cliona's inspirational CEO Brendan Ring shared the very stark reality of caring for a seriously sick child with those in attendance who in turn blew us away with their very generous donations and support of the raffle & auction. The lunch was kindly sponsored once again by the Dornan Group and the drinks reception was generously provided by Kinsale Spirits.

The date for this years event is set for November 7th with bookings already confirmed.

If you would like to book your seat/table, be main sponsor or sponsor/donate raffle or auction prizes please contact charlotte@clionas.ie

strength of community, leaving the audience inspired by their courage and positivity.

There were many wonderful corporates and guests in attendance all of who were extremely moved by Cliona's CEO & Co- Founder Brendan Ring sharing the origins of Cliona's by speaking about Cliona, their journey as a family with her, the needs of the many families on that same difficult journey, how Cliona's is trying to make a difference, and how all of them could make a bigger difference with us.

It was a very special night, with a resounding message of hope, compassion, and community spirit, reinforcing the importance of supporting families of seriously ill children and we are extremely grateful to have had this unique platform to share what we do and why.



Nevan tees off at the New York Marathon

The chair of our New York Committee Nevan Higgins made the big decision to participate in the New York Marathon in November for Cliona's. A huge commitment in terms of training & financial outlay & fundraising. But he smashed it coming in under his target of sub 4 hours and raising a whopping €6,800 through his online fundraising platform and a golf classic held in Black Lion Golf Club in Co. Cavan in July. We are hugely grateful to Nevan for making us part of this major achievement & it was a special moment for all in Cliona's to see him crossing the line in our colours.



Berlin Marathon Success

Cliona's went international again in September when we had 10 people from all over the Country participating in the Berlin Marathon, raising awareness and the amazing amount of €15,000.

A huge effort & commitment involved, which we are very grateful for & really appreciate.



Thank you, Alan, Nicola, Paul, Peter, Pat, Mark Damian & the Adam sisters' trio of Laura, Jane & Theresa.

Just brilliant.

Central Park Inaugural Run

We were very excited to have our 1st fundraising event in New York in October with the Inaugural 5km Central Park run.

It was a proud moment to watch as approx. 100 people including children & pets & Rose of Tralee Roisin Wiley took off in glorious sunshine in Cliona's T shirts, weaving their way through the beautiful route, running, walking & having the chats



It was a huge success thanks to the very hardworking committee established in NYC led by Nevan Higgins, the many generous sponsors, the hospitality from the Basket Bar & all those who participated. We are looking forward to many more stateside events to help raise awareness & funds.

Cliona's Impact acknowledged

Wonderful to be shortlisted and in a room full so many Charities doing phenomenal work at the Charity Excellence award in the Dublin Mansion House in October.

While we may have taken the trophy, we were very proud to have the impact we are making thanks to our supporters recognised & get platform for raising awareness of Cliona's, what we do & why we do it.



Eireball 2024 on the run for Cliona's & CRY

How privileged were we to be a beneficiary of the 2024 Eireball Run along with the amazing CRY Ireland



Over 30 VW Camper Vans containing men, women, children & pets travelled approx. 1,200km taking in 10 Counties over 6 days last July raising a phenomenal €24,600!

We got the opportunity to witness & meet the amazing convoy on route last July, add Rory the owl as one of their mascots & we were delighted to catch up again & accept their very generous donation of €12,300

Audrey Hamilton brings a Butterfly to Life

For the past 4 years the very talented & generous Audrey Hamilton (AHA) has created a limited edition piece and donated 50% of the proceeds to a Charity.

After learning about Cliona's in December 2023 we were very moved to learn that we would be the 2024 AHA Giveback Charity & were absolutely blown away with what Audrey created with FLUTTERFLY. "Butterflies have a special meaning to the family and Cliona's and I think many families as they are a symbol of hope and a reminder of loved ones. So I knew when starting this piece, it would have to be butterfly related. The flutter of a butterfly and the flutter of a heart."



The total of €24,600 was generated from sponsorship, donations & other fundraising events they held as part of what was a very special journey for everyone involved. . An amazing community of compassionate, kind-hearted & generous people

Their efforts provided support to 5 of our families along with generating huge awareness for both Charities and we want to thank everyone who organised, participated, donated, sponsored & hosted them on route.

The print had a limited edition of 300, generated phenomenal interest when released , sold out in the short space of 4 weeks and raised an unbelievable €10,200.

While the funds raised were hugely important the awareness raised through Audreys network was also invaluable & we are extremely grateful to her for her generosity.



Hot Rooms sweat it out at Christmas

The Hot Rooms in Limerick provided a sanctuary from the Christmas madness with their Christmas Eve Magic Hot Yoga Classes with Cliona's as the beneficiary. The wonderful generosity from those who participated, and instructors Laura & Jane resulted in a fantastic amount of €1,100 being raised.



Johnny walks the Camino

Limerick man Johnny Gaynor lost his wife Catherine in October 2023 to Motor Neurone Disease & despite reeling from her passing he committed to walking solo in her memory 800km of the Camino over 6 weeks last September setting a fundraising target of €5,000 to be shared between Cliona's, Irish Motor Neurone Disease & Milford Care Centre



Despite receiving a serious medical diagnosis a few weeks prior to his departure Johnny knocked all of his targets out of the park, completing the distance a week early & raising a total of €15,041!

The additional great news is that following surgery on his return from the Camino he has received a clean bill of health, and we were humbled & inspired to accept his donation to Cliona's €5,014.67, which enabled us support 2 families on their own difficult journey What an example of resilience & resolve from a very special person.

Cliona's take a bet on the dogs

While we may not have had our name on the winning greyhound on the Irish St Leger in August we were very grateful to receive a €500 donation as one of the nominated charities.



Sun shines for Limerick-Kilkee Cycle

The annual Limerick to Kilkee Cycle led by our former board member Fergal Deegan is always a fantastic event and on a glorious sunny September day 80 cyclists took to the roads cycling via the Tarbert-Killimer Ferry crossing. The cyclists had super support on route with hospitality from the Foynes Flying Boat Museum & Keanes in Lisdeen , sponsorship by the Shannon Ferry Company and a safe route thanks to the Bike Marshals. They raised a fantastic €7,500 split between Cliona's & the Lourdes Diocesan Pilgrimage.



Committed crew complete Dublin Marathon

So proud of and extremely grateful to the 12 fantastic people that went the distance for Cliona's in the Irish Life Dublin Marathon in October. Such a massive effort & commitment goes into training for getting through the 26.2miles, but to go the extra miles & raise awareness & funds for families on their own marathon journey takes something special.

A huge thank you to each of them & all who supported their efforts, got them through the training & the day & all who donated

The sense of achievement is deservedly visible on all their faces.



Rose Escorts Pedal Power

As if they weren't busy enough, two Rose of Tralee Escorts set themselves the challenge of making their way to the August Festival by bike & raising money for Cliona's in the process. Matty McGeough & Colin Palmer got on their bikes at Colbert station in limerick & pedalled the 100km to Tralee over 5 hours. They may not have arrived smelling of Roses but their energetic efforts raised €2,510, and another family supported, for which we are very grateful.



Optima double up for Cliona's

The Optima group are loyal supporters of Cliona's & last year they selected Cliona's as Charity partner for 2 initiatives.

An All-Ireland Tickets raffle by Optima Training yielded €800 for us, while Optima Financial added additional funds and a platform for raising awareness with their business owner seminar in October.



Ardmac Putt funds our way

Ardmac Construction brought a putting green on site to the Eli Lilly Campus in Raheen in August to help raise funds for Cliona's

Located in the canteen, workers, contractors & suppliers were encouraged to make a donation, & putt for some fantastic, sponsored prizes.



It was a real fun but competitive day with wonderful generosity from everyone who participated raising €2,111.

Corporates give to families for Christmas

We were delighted to put some sweet treats & vouchers for food & travel in the post to some families thanks to the support of the team in WUXI Biologics in Dundalk & their Christmas Giving Tree and the Limerick Community Group within Dell Technologies & their 31 Days of Giving Initiative!

Wonderful support that was hugely appreciated by the children & parents in the build up to Christmas, helping to alleviate some of the pressure they were under.



The Difference your Support makes to our Families

The feedback, cards, calls & emails we receive from families reinforces for us the need and the impact of the support they have received. It is important for us to share some of these with you so you can see the difference your donation makes.

“We are so grateful for this support to be able to put aside money for upcoming trips to Dublin and not have to worry about funding travel/accommodation

As my husband is self-employed, we have both had a period of unpaid leave in the past few months due to our extended hospital stays

This support helps ease the financial strain of the last few months

Thank you so much”

This donation means more than words can express. Since our youngest son was diagnosed with a heart condition the emotional physical and financial toll has effected every part of our lives.

Having three older children it has been incredibly difficult to balance their needs with constant worry, travel and medical care required for our son

This donation brings not only financial relief but also a deep sense of hope and support

*It allows us to focus more on caring for our children & less on the mounting costs that come with the ongoing treatment, hospital stays and time away from work
It also reminds us we are not alone in this journey
Your kindness is helping to hold our family together in one of our hardest times*

“We have been in hospital for 3 months

This will help us so much not worrying about money for extra expenses of being in hospital

It will help us for food, diesel, phone credit, helping with bills & most importantly things we need for our daughter

We are so grateful as this has lifted financial pressures.

Thank you so much from the bottom of our hearts

Since our son was diagnosed 2 years ago we have fallen through the cracks

We both work because we have to, yet this has pushed us into a category where we are not entitled to any financial support to adapt our home. Honestly it has been so lonely.

Being told our son is not “disabled enough” yet for various services but yet he has a life limiting illness that will take him from us has really pushed us to the brink

*The financial support from Cliona’s will ease the burden
It is €2,500 less we owe to the bank
But more than that, just to feel seen & validated!
We honestly cannot put a price on that
What you are doing is amazing ”*

Sun Life makes life brighter for families

“Life’s brighter under the Sun” is the wall motto that greets you as you enter the Sun Life plant in Waterford and thanks to the Sun life team, life was a lot better for some of our families thanks to their efforts for Cliona’s last November.

We were selected as the beneficiary of their annual staff fundraiser thanks to our nomination by the dad of one of the TY students who travelled the Camino with us in June,

The staff & CSR team in Sun Life in Waterford got on their bikes & cycled the distance from their offices in Waterford to Cliona’s in Limerick & back without leaving the building!

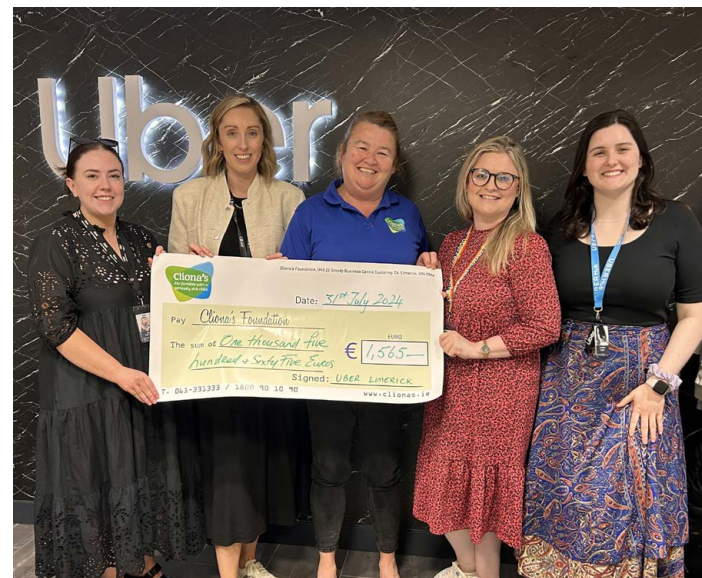


It was fantastic to be there as they crossed the finishing line, have the opportunity to share the Cliona’s story, thank them for their efforts & encourage them to spread the word to families that they may know who need support.

We were blown away by very kind words of support, the huge efforts put in by everyone, and their generosity which was matched by the Sun Life CSR Programme, resulting in a super donation of €5,709.33.

Uber give Cliona’s a lift.

Uber in Limerick took Cliona’s on board for their staff charity day in July and we had a lovely visit to share with them what we do & why & the impact of their donation of €1,542.



Boher Community turn up Trumps again

We got the opportunity in July to meet with members of Boher Community Development Association who organise the annual cycle remembering Ciara Mc Carthy who passed away in 2013. This year’s cycle was a tremendous success with a record turnout and were delighted to receive & acknowledge the proceeds of the fantastic amount of €6,081 from this year’s event.

We are very privileged to have been the beneficiary since its inception & looking forward to rolling out with them once again on Friday 30th May.



TY Students pull out all the stops for their Camino for Cliona’s Adventure



The 3rd Annual TY Camino Program was launched in September for travelling in 2025 and we could not have anticipated the phenomenal interest there would be, 5 trips are scheduled for 2025 with the first group travelling the end of April. In total over 200 students from 26 schools across the Country and approx. 30 teachers and mentors will individually walk 117km & collectively approx. 26,000km over 5 days from Sarria to Santiago.

Each of these students had to raise €1,000 in addition to covering the cost of the trip and to see the work that has been out in & is ongoing by this wonderful group of young people is uplifting and inspiring There has been bake sales, colours day, bucket collections, sponsored walks, tennis competitions, poker games, and so much more.

This unique initiative combines adventure, personal growth, and philanthropy, as students tackle the historic pilgrimage route while raising funds for families with critically ill children.

The Camino experience offers more than breathtaking views and cultural exploration—it encourages resilience, teamwork, and self-reflection, all while contributing to a meaningful cause. Cliona’s Foundation provides vital financial assistance to families struggling with the non-medical costs of caring for a seriously ill child. By walking in solidarity, these young participants aim to inspire their communities to make a difference.

Through every step of the Camino, these students exemplify the spirit of giving and the impact of youth-led initiatives. Their efforts highlight how small actions can lead to significant change, offering hope and relief to those who need it most.

Follow their journey across our social media platforms over the next 3 months & if your school is interested in hearing about our 2026 Program get in contact with alana@clionas.ie

Families paying it forward

It is always extra special for us when families we have supported offer to raise awareness & funds for us and in turn other families. It reinforces for us the impact of the financial support they received and how they want to alleviate the stress to other families on journeys similar to those.

Over the past 6 months we have been privileged to engage with families who undertook various wonderful initiatives.



Spooks & Ghouls in Mulranny Co. Mayo

The extended family of a family supported organised a spooky walk in Mulranny Co. Mayo over the Halloween period followed by the Nevins Newfield Inn donating the proceeds of both their kids and adults Halloween Parties. It was scarily a huge success with lot of surprises, weird & wonderful costumes and great fun for adults & children alike

A real community effort with amazing support which raised the fantastic amount of €5,640.92 which helped support another 2 families.

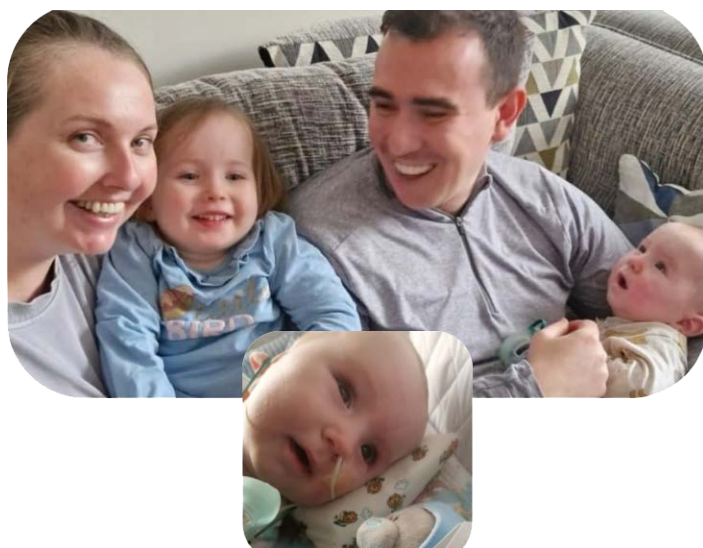


David Hughes remembers baby Daithi in Galway Marathon

Baby Daithi Hughes was born on the 5th of October 2023 with a life limiting illness, defied the odds from day 1 & fought so hard before he passed away 7 months later the 24th of May 2024.

His dad David & Grandmother Jeanette both very bravely participated in the Galway Bay Marathon on October 5th which would have been Daithi's 1st birthday. They also very generously used this remembrance run to raise awareness & funds for the charities that supported them during Daithi's short life and raised an amazing €13,000

We were extremely humbled & grateful to be one of those Charities.



Initiatives You Can Support

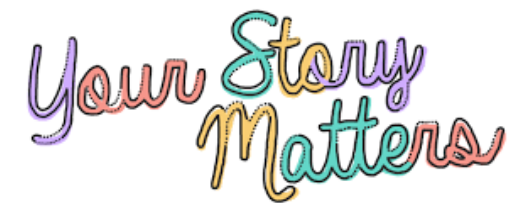
Are you a Family that will Share your Experience?

It can be very difficult for people to understand the struggles that a family of a seriously sick child has on a daily basis, the enormous financial cost of caring for their child, the lack of support and how the support from Cliona's can make a difference.

For many families it is a very personal and private matter, not even disclosed to their family or closest friends and we always respect this privacy.

There are many of the 1,295 families that we have supported over the last 15 years that have very

generously shared their story in public, to raise awareness and to generate support for Cliona's. We are always so grateful to them.



If you are a family that have received support and would be willing to share your journey we would love to hear from you and you can contact us by emailing info@clionas.ie

Support Cliona's with your One4all card

Have you a One4all card with a balance left on it, or undecided what you might want to use your card for?

You can now donate the balance or an amount from your gift card to Cliona's online or use it to purchase any of the items on our online shop. If you want you can send us your card and we can process it or call us to make the donation over the phone.



If you want you can send us your card and we can process it or call us to make the donation over the phone.

Put Cliona's on your wedding list

Are you planning for your wedding? Are you considering little gifts or wedding favours to place at the table for your guests? Why not consider substituting these gifts with a donation to Cliona's instead. We can design and provide you with a personalised card to place on the table which advises that you are donating to the Charity.

You will be making a real difference and it's a very special gift that all your guests will appreciate.



A Gift in your Will to Cliona's

Making a Will is one of the most important things you can do for your family – and for the causes you love, including Ireland's sick children and their families.

The culture of leaving a gift in your will to a favourite charity is quite new in Ireland. Only 34% of people have made a will & those that have don't realise that they can give money to charities in this way.

We understand that you will want to ensure you take care of your family as a priority, but it's also a tremendous opportunity to help make a long lasting difference to charities and the invaluable work they do.

A gift no matter how small or large can have a huge impact on the lives of the many families of children with a serious sick child that are struggling to deal with the non-medical costs of caring for their child over a long period of time. The financial stress of caring for a sick

child is one that no family should have to endure. Your gift can help relieve this stress and allow them to focus on the most important thing – caring for their child. If you require any further information or assistance please contact us.



Can your Company make a Difference?

Could your workplace help? Cliona's are looking for businesses and corporates to build new partnerships to support families all over Ireland who are in a crisis right now.

Sponsor a family/families: We currently provide each family who meet our criteria with a payment of €2500. A company could opt to donate to support one or multiple family applications.

Partner with Cliona's: Become a charity partner for a year or longer and work with us to improve the daily lives of struggling families while also benefitting from cause related marketing.

Employee Volunteering: We organise a diverse set of events for anyone willing to get involved.

Employee Fundraising: A company can choose to organise an event in aid of Cliona's or set up a matched/ payroll giving system.

Share skillsets with Cliona's: Companies and employees can donate their skills or services to benefit the families we support.

Sponsor or support a Cliona's event: Work with us on a networking breakfast, lunch or gala dinner.

Contact Charlotte at charlotte@clionas.ie to chat about how we can work together.



How you can help us help families

Champion Cliona's Foundation in your Company

You could also encourage your Sports & Social Club to run an event for Cliona's

You could even encourage your colleagues to **participate** in one of the many independent events organised throughout the year (hoping that they will all be running in some format) as a fun but rewarding team bonding and building exercise.

Donate to Cliona's Foundation through your Company's online donation Platform

Many multinationals including Dell, Apple, Regeneron have charity giving platforms for their staff and will match what you donate to a registered charity.

Get the kids in School giving for other kids

As a teacher in a primary or secondary school why not encourage events and fun days where the pupils can contribute to Cliona's Foundation. Could be a cake sale, colours day, sports day, donate % of communion or confirmation monies. Get transition years participating in events where they can represent a charity and also introduce a TY Charity Programme where students learn about the work & impact of different charities.

Get Family and Friends involved



Orna's fundraiser for Cliona's Foundation
Fundraiser for Cliona's Foundation by Orna Donnelly Ni Bhraonain · 0

Organise a fundraising event with your family members - it could be a walk, a table quiz, a birthday giving initiative, a wardrobe clear out sale. You might even decide to jump from a plane!!

Place one of our collection boxes in your shop, office or home.

You can create a fundraising page or even create a fundraiser through your Instagram profile with all donations coming directly to Cliona's – no need for you to handle cash.

Monthly Standing Order

Recurring donations would make a huge difference to our families. It is very easy to sign up online on our website to make a monthly donation.

Donate online on our website or by calling the office on 061 - 331333

Tax relief available on all donations in excess of €250 per annum

Participate in one of the many independent events to challenge yourself and raise funds for Cliona's Foundation or even just raise our profile by wearing our branded T-shirt for the event.



Dates for your Diary

Inaugural Summer Soiree



Cliona's
For families with a seriously sick child

SUMMER SOIRÉE

CLIONA'S FOUNDATION
SUMMER GALA 2025
JULY 4th
CASTLETROY PARK HOTEL, LIMERICK

Tickets now on sale!
Table of 10 - €1,000
Individual tickets also available

**Black Tie Gala
Prosecco Reception**

Hosted by
Keely O'Grady
2024 International
Rose of Tralee

CONTACT KATIE@CLIONAS.IE
VISIT WWW.CLIONAS.IE

Delighted to announce that reigning Rose of Tralee, the wonderful Keely O'Grady will be the guest MC for our inaugural Summer Gala which takes place on Friday 4th July in the beautiful Castletroy Park Hotel in Limerick. You will be treated to a prosecco reception to start the evening, a three-course meal with wine, some special guests & live music to dance the night away.

A table of 10 can be secured for €1,000 with single tickets also available. You are guaranteed great food, entertainment & company while also making a difference to families caring for a sick child.

Why not use it as your corporate summer outing or summer get together for family & friends?

To find out more or to chat about event sponsorship opportunities, donation of raffle prizes & auction prizes contact katie@clionas.ie

Cliona's Cork Networking & Fundraising Lunch

We are delighted to be back in the Clayton Hotel, Cork on Friday November 14th for this wonderful fundraising event.



Kindly supported by **DORNAN**

SAVE THE DATE

**Cliona's Foundation
Cork Lunch**
Join us for an inspirational afternoon with special guests, drinks reception and four course lunch with wine.

Friday 14th November
Clayton Hotel, Cork City
Table of 10 €1000

**Special Guest
Miriam O'Callaghan**

Cliona's
For families with a seriously sick child

To Book: Audrey McSweeney 087 6383985 or info@doteypets.ie
Cliona's provides financial assistance directly to parents of children with life-limiting or chronic complex needs across Ireland to help with the non-medical expenses related to caring for the child

Join us for a fabulous afternoon with special guest Miriam O Callaghan, a drinks reception, 4 course lunch with wine, special guest to be announced. & a great opportunity to network with many others. Thank you to Dornan Group for their sponsorship and to our fantastic Cork supporters Audrey McSweeney & Mary Dwyer for organising & driving this event.

Details for booking your tickets, please email:
info@doteypets.ie

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Christmas Gala Ball sponsored by Metis

Cliona's Foundation are proud to present our 2nd Christmas ball which will be hosted by our Virgin Media presenter Muireann O Connell & generously sponsored by Metis Ireland The event takes place on November 28th in the Iconic ANANTARA The Marker Dublin Hotel.



ANANTARA
THE MARKER DUBLIN HOTEL

Save the Date

CLIONA'S CHRISTMAS GALA
NOVEMBER 27TH 2025

ANANTARA THE MARKER DUBLIN
SPECIAL GUESTS AND ENTERTAINMENT
DRESS CODE - BLACK TIE

PROUDLY SPONSORED BY
METIS IRELAND
HONEST EXPERIENCED FINANCIAL PLANNING

TABLE OF 10 €2,000
INDIVIDUAL TICKETS AVAILABLE

CONTACT CHARLOTTE
087-3666937 CHARLOTTE@CLIONAS.IE

There will be a drinks reception, followed by a three-course meal with wine. There will also be a live auction, followed by music to dance the night away.

If you would like to book a table or tickets for a super night out with friends, family or for your Christmas work event (tax deductible).

Please contact charlotte@clionas.ie

Go Blue for Cliona's in the Irish Life Dublin Marathon 2025

The Dublin Marathon takes place on October 26th & if you are looking for a place or have already secured your slot we would love to talk to you.



Irish Life **DUBLIN MARATHON 2025**

HAVE A PLACE OR NEED A PLACE ?

WHY NOT GO BLUE FOR CLIONA'S ?

MAKE THE DISTANCE MATTER

This is your chance to make the distance matter and make a real difference by raising awareness & fundraising for Cliona's

If you are looking for a place we still have a number of places to offer if you can commit to raising the very achievable €1,000 – which includes the entry fee all charities must pay for their allocated places.

If you have already secured a slot we would love you to swap your top for a Cliona's t shirt /singlet & help raise awareness

Your support will help us support families on a difficult journey with their sick child!

Register your interest or find out more by contacting phil@clionas.ie

 [/clionasfoundation](https://www.facebook.com/clionasfoundation)

 [/ClionasFDN](https://twitter.com/ClionasFDN)

Cliona's, Unit 18D Groody Centre, Castletroy, Limerick. Tel: 061-331333 / 1800 90 10 90

www.clionas.ie

Cliona's
For families with a seriously sick child

Providing Nationwide support

LOCATION of FAMILIES we have
ASSISTED over the past 16 years.

Cliona's

For families with a
seriously sick child



www.clionas.ie

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